

2018 and 2020 CrossFit Games Men Strength Numbers (all in lbs.)					
Data Type	Snatch	Clean and Jerk	Back Squat	Deadlift	Total
Overall Min	242	305	405	455	1470
Overall Max	326	396	500	615	1761
<b>Overall Avg</b>	<b>285</b>	<b>348</b>	<b>453</b>	<b>528</b>	<b>1616</b>

2020 CrossFit Games Men Strength Numbers (all in lbs.)					
Data Type	Snatch	Clean and Jerk	Back Squat	Deadlift	Total
Overall Min	242	315	415	462	1503
Overall Max	305	377	485	615	1760
Overall Avg	282	348	454	532	1617
Top 10 Min	285	335	435	500	1586
Top 10 Max	305	377	485	615	1760
Top 10 Avg	292	359	460	553	1663
Places 11-30 Min	242	315	415	462	1503
Places 11-30 Max	300	365	485	575	1705
Places 11-30 Avg	277	343	450	518	1592

2018 CrossFit Games Men Strength Numbers (all in lbs.)					
Data Type	Snatch	Clean and Jerk	Back Squat	Deadlift	Total
Overall Min	264	305	405	455	1470
Overall Max	326	396	500	595	1761
Overall Avg	289	349	452	525	1616
Top 10 Min	265	320	405	485	1490
Top 10 Max	315	375	485	595	1690
Top 10 Avg	287	347	452	518	1603
Places 11-39 Min	264	305	405	455	1470
Places 11-39 Max	326	396	500	585	1761
Places 11-39 Avg	289	350	452	527	1621



2018 and 2020 CrossFit Games Women Strength Numbers (all in lbs.)					
Data Type	Snatch	Clean and Jerk	Back Squat	Deadlift	Total
Overall Min	160	198	250	295	935
Overall Max	220	260	352	425	1240
<b>Overall Avg</b>	<b>188</b>	<b>230</b>	<b>297</b>	<b>353</b>	<b>1068</b>

2020 CrossFit Games Women Strength Numbers (all in lbs.)					
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<b>Data Type</b>	<b>Snatch</b>	<b>Clean and Jerk</b>	<b>Back Squat</b>	<b>Deadlift</b>	<b>Total</b>
Overall Min	175	205	255	300	935
Overall Max	220	260	352	425	1240
Overall Avg	193	235	305	359	1092
Top 10 Min	175	205	255	300	935
Top 10 Max	220	260	345	425	1240
Top 10 Avg	192	235	307	366	1100
Places 11-30 Min	175	215	264	310	1021
Places 11-30 Max	209	250	352	385	1177
Places 11-30 Avg	192	231	301	350	1075

<b>2018 CrossFit Games Women Strength Numbers (all in lbs.)</b>					
<b>Data Type</b>	<b>Snatch</b>	<b>Clean and Jerk</b>	<b>Back Squat</b>	<b>Deadlift</b>	<b>Total</b>
Overall Min	160	198	250	295	945
Overall Max	220	260	345	425	1240
Overall Avg	186	228	295	351	1060
Top 10 Min	160	215	265	295	945
Top 10 Max	220	260	345	425	1240
Top 10 Avg	192	233	299	355	1078
Places 11-39 Min	165	198	250	300	960
Places 11-39 Max	210	257	335	410	1175
Places 11-39 Avg	185	227	293	350	1054

2018 and 2020 CrossFit Games Men Strength Numbers

Year	Name	Snatch	Clean and Jerk	Back Squat	Deadlift	Total	Remarks
2020	Mat Fraser	315	375	485	500	1675	
2020	Sam Kwant	285	355	455	595	1690	
2020	Justin Maderios			480	537		
2020	Noah Ohlsen	288	355	445	505	1593	
2020	Jeff Adler	290	377	475	567	1709	
2020	Chandler Smith	300	360	485	615	1760	
2020	Jonne Koski						
2020	Bjorgvin Karl Gudmunc	286	335	445	520	1586	
2020	Pat Vellner	285	355	455	595	1690	
2020	Samuel Cournoyer	305	370	435	530	1640	
2020	Bayden Brown						
2020	Jacob Heppner						
2020	Roman Khrennikov	242	343	485	462	1532	Snatch - Strength in Depth 2019 C&J - Dubai 2019
2020	Tim Paulson						
2020	Brent Fikowski	300					
2020	Alexandre Caron	287	355	460	545	1647	
2020	Scott Tetlow						
2020	Jay Crouch						
2020	Travis Mayer	287	350	475	565	1677	
2020	Cole Sager	275	345	475	505	1600	
2020	Saxon Panchik	295	360	470	520	1645	
2020	Luke Schaffer	264	315	424	500	1503	
2020	Brandon Lockett	275	335	415	485	1510	
2020	Tyler Christophel						
2020	Griffin Roelle						
2020	Khan Porter	288	352	418	532	1590	
2020	Adam Davidson	290	365	475	575	1705	
2020	Roy Gamboa						
2020	Pete Shaw	275	335	435	550	1595	
2020	David Shorunke						
2018	Lukas Hogberg	286	352	451	534	1623	
2018	Rasmus Anderson	285	340	455	485	1565	
2018	Willy Georges						
2018	Cody Anderson	265	320	405	500	1490	Snatch: Facebook 2016 Deadlift: 2019 Instagram Front Squat: 390lbs in 2019
2018	Scott Panchik						
2018	Ben Smith	300	370	480	540	1690	
2018	Alex Anderson						
2018	Dean Linder Leighton	297	341	440	550	1628	
2018	Logan Collins	275	340	455	535	1605	
2018	Adrian Mudwilder	308	352	484	528	1672	
2018	Lukas Eslinger	290	360	465	585	1700	
2018	James Newbury	264	319	440	532	1555	
2018	Nick Urankar	315	396	480	555	1746	
2018	Frederik Aegidius	264	341	462	506	1573	
2018	Sean Sweeney	280	345	445	565	1635	
2018	Alec Smith	290	365	440	505	1600	
2018	Elliot Simmonds	265	315	405	485	1470	
2018	Craig Kenney	300	340	445	525	1610	
2018	John Coltey	295	350				
2018	Tim Paulson	300	365	465	530	1660	
2018	Zeke Grove	275	347	440	517	1579	
2018	Josh Bridges						
2018	Mitch Stevenson						
2018	Ethan Helbig	265	341	445	455	1506	
2018	Royce Dunne	300	365	496	573	1734	
2018	Jared Enderton	326	385	500	550	1761	
2018	Marquan Jones	300	350	420	485	1555	
2018	Pablo Chalfun		305	428			

Color Key
Top 2
Bottom 2

<b>Overall Min</b>	242	305	405	455	1470
<b>Overall Max</b>	326	396	500	615	1761
<b>Overall Avg</b>	285	348	453	528	1616

2020 CrossFit Games Women Strength Numbers

Year	Name	Snatch	Clean and Jerk	Back Squat	Deadlift	Total	Remarks
2020	Tia Toomey	191	251	330	391	1163	
2020	Katrin Davidsdottir	192	225	265	315	997	
2020	Kari Pearce	195	220	290	400	1105	
2020	Haley Adams	175	205	255	300	935	
2020	Brooke Wells	215	255	345	425	1240	
2020	Kristen Holte	176	224	303	330	1033	
2020	Amanda Barnhart	200	257	325	390	1172	
2020	Kara Saunders	220	260	341	363	1184	
2020	Kristi Eramo OConnell	175	225	300	335	1035	
2020	Andrea Nisler	200	250	320	390	1160	
2020	Carol Ann Reason Thibault	175	215	285	365	1040	
2020	Jamie Simmonds						
2020	Dani Speegle	205	220	295	310	1030	
2020	Karin Freyova	209	244	308	374	1135	
2020	Daniel Brandon	190					
2020	Kristine Best						
2020	Melina Rodriguez						
2020	Grabriella Migala	200	246	315	363	1124	
2020	Emma McQuaid	190	231	264	374	1059	
2020	Bethany Shadburne	191	220	290	320	1021	
2020	Sara Sigmondottir	198	242	297	341	1078	
2020	Kendall Vincellette	195	235	300	355	1085	
2020	Camilla Salomonsson Hellman	176	231	315	354	1076	
2020	Laura Horvath						
2020	Sam Briggs	180	220	275	385	1060	
2020	Laura Clifton	187	233	352	352	1124	
2020	Andrea Solberg						
2020	Harriet Roberts						
2020	Brooke Haas	202	250	350	375	1177	
2020	Sanna Venalainen						
2018	Annie Thorisdottir	202	237	275	374	1088	
2018	Cassidy Lance McWherther	160	215	275	295	945	
2018	Tenil Beuerlein	190	235	295	355	1075	
2018	Camille Leblanc Bazinet	190	230	310	300	1030	
2018	Alessandra Pichelli	210	245	320	400	1175	
2018	Ehea Schuerch	190	235	335	400	1160	
2018	Mckenzie Riley	190	232	295	335	1052	
2018	Madeline Sturt	165	213	297	385	1060	
2018	Chyna Cho	170	209	286	315	980	
2018	Margaux Alvarez	190	230	275	410	1105	
2018	Courtney Haley	176	213	286	330	1005	
2018	Chloe Gauvin David	185	220	255	300	960	
2018	Oddrun Eik Gylfadottir	165	198	290	315	968	
2018	Rebecca Voigt	175	220	265	395	1055	
2018	Whitney Gelin	175	220	285	345	1025	
2018	Meredith Root	190	220	285	340	1035	
2018	Lauren Fisher	183	243	300	380	1106	
2018	Paige Semenza	185	235	330	370	1120	
2018	Dani Horan						
2018	Brenda Castro	200	245	320			
2018	Stephanie Chung	195	230	250	305	980	
2018	Jennifer Smith	190	240	285	375	1090	
2018	Justine Beath	190	235	315	347	1087	
2018	Emily Bridgers	185	227	275	335	1022	
2018	Michele Fumagalli	185	220	300	350	1055	
	<b>Overall Min</b>	160	198	250	295	935	
	<b>Overall Max</b>	220	260	352	425	1240	
	<b>Overall Avg</b>	188	230	297	353	1068	

<b>Color Key</b>
Top 2
Bottom 2

### 2020 CrossFit Games Men Strength Numbers

Rank	Name	Snatch	Clean and Jerk	Back Squat	Deadlift	Total	Remarks
1	Mat Fraser	315	375	485	500	1675	
2	Sam Kwant	285	355	455	595	1690	
3	Justin Maderios			480	537		
4	Noah Ohlsen	288	355	445	505	1593	
5	Jeff Adler	290	377	475	567	1709	
6	Chandler Smith	300	360	485	615	1760	
7	Jonne Koski						
8	Bjorgvin Karl Gudmunc	286	335	445	520	1586	
9	Pat Vellner	285	355	455	595	1690	
10	Samuel Courmoyer	305	370	435	530	1640	
11	Bayden Brown						
12	Jacob Heppner						
13	Roman Khrennikov	242	343	485	462	1532	Snatch - Strength in Depth 2019 C&J - Dubai 2019
14	Tim Paulson						
15	Brent Fikowski	300					
16	Alexandre Caron	287	355	460	545	1647	
17	Scott Tetlow						
18	Jay Crouch						
19	Travis Mayer	287	350	475	565	1677	
20	Cole Sager	275	345	475	505	1600	
21	Saxon Panchik	295	360	470	520	1645	
22	Luke Schaffer	264	315	424	500	1503	
23	Brandon Lockett	275	335	415	485	1510	
24	Tyler Christophel						
25	Griffin Roelle						
26	Khan Porter	288	352	418	532	1590	
27	Adam Davidson	290	365	475	575	1705	
28	Roy Gamboa						
29	Pete Shaw	275	335	435	550	1595	
30	David Shorunke						
<b>Overall Min</b>		242	315	415	462	1503	
<b>Overall Max</b>		305	377	485	615	1760	
<b>Overall Avg</b>		282	348	454	532	1617	
<b>Top 10 Min</b>		285	335	435	500	1586	
<b>Top 10 Max</b>		305	377	485	615	1760	
<b>Top 10 Avg</b>		292	359	460	553	1663	
<b>Places 11-30 Min</b>		242	315	415	462	1503	
<b>Places 11-30 Max</b>		300	365	485	575	1705	
<b>Places 11-30 Avg</b>		277	343	450	518	1592	

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2	Katrin Davidsdottir	192	225	265	315	997	
3	Kari Pearce	195	220	290	400	1105	
4	Haley Adams	175	205	255	300	935	
5	Brooke Wells	215	255	345	425	1240	
6	Kristen Holte	176	224	303	330	1033	
7	Amanda Barnhart	200	257	325	390	1172	
8	Kara Saunders	220	260	341	363	1184	
9	Kristi Eramo OConnell	175	225	300	335	1035	
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12	Jamie Simmonds						
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14	Karin Freyova	209	244	308	374	1135	
15	Daniel Brandon	190					
16	Kristine Best						
17	Melina Rodriguez						
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19	Emma McQuaid	190	231	264	374	1059	
20	Bethany Shadburne	191	220	290	320	1021	
21	Sara Sigmundsdottir	198	242	297	341	1078	
22	Kendall Vincelle	195	235	300	355	1085	
23	Camilla Salomonsson Hellman	176	231	315	354	1076	
24	Laura Horvath						
25	Sam Briggs	180	220	275	385	1060	
26	Laura Clifton	187	233	352	352	1124	
27	Andrea Solberg						
28	Harriet Roberts						
29	Brooke Haas	202	250	350	375	1177	
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<b>Overall Min</b>		175	205	255	300	935	
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<b>Top 10 Min</b>		175	205	255	300	935	
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18	James Newbury	264	319	440	532	1555	
19	Saxon Panchik	295	360	470	520	1645	
20	Nick Urankar	315	396	480	555	1746	
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31	Josh Bridges						
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33	Ethan Helbig	265	341	445	455	1506	
34	Royce Dunne	300	365	496	573	1734	
35	Jared Enderton	326	385	500	550	1761	
36	Brandon Lockett	275	335	415	485	1510	
37	Marquan Jones	300	350	420	485	1555	
38	Pablo Chalfun		305	428			
39	Alexandre Caron	287	355	460	545	1647	
<b>Overall Min</b>		264	305	405	455	1470	
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27	Rebecca Voigt	175	220	265	395	1055	
28	Whitney Gelin	175	220	285	345	1025	
29	Meredith Root	190	220	285	340	1035	
30	Lauren Fisher	183	243	300	380	1106	
31	Paige Semenza	185	235	330	370	1120	
32	Dani Horan						
33	Brenda Castro	200	245	320			
34	Stephanie Chung	195	230	250	305	980	
35	Jennifer Smith	190	240	285	375	1090	
36	Sara Sigmundsdottir	198	242	297	341	1078	
37	Justine Beath	190	235	315	347	1087	
38	Emily Bridgers	185	227	275	335	1022	
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